Trekking Itinerary

EBC - Everest Base Camp, 12 Nights, 13 Days

Per person single $1050 /2 to 5 $950 /5 to 10 $850

Date	Departure Time	Program First	Program Second	Program Third
1st day	6:00 am	Drive to KTM Airport by car & Flight to Lukla	Breakfast In Lukla 2840m & trek to Phakding 4-5 hr.	Stay over night in Phakding 2630m
2nd day	7:30, after Breakfast	Trek to Namche Bajar 5-6 Hr.	Visit Namche Bajar, Village	Stay over night in Namche Bajar 3440m
3rd Day	7:30 Break fast	Day Hike, Khunde Hillary hospital,	Khumjung Village & more…3780m	Stay Over night in Namche Bajar 3440m
4th Day	7:30, after Breakfast	Trek to Debocha 5-6hr.	Visit Tengboche Monastery	Stay over night Debocha 3820m
5th day	7:30, after Breakfast	Trek to Dingboche 5-6hr.		Stay over night in Dingboche, 4410m.
6th Day	7:30, after Breakfast	Day Hike,	We would see good view of Chooyu, Pumari, Lhotse, Makalu, Baruntase etc	Stay over night in Dingboche, 4410m
7th day	7:30, after Breakfast	Trek to Lobuche 5-6hr.		Stay overnight in Louche, 4910 m.
8th day	7:00, after Breakfast	Trek to Gorak Shep, 4-5 hr.	Up to EBC, 3hr, 5364m	Stay overnight in Gorak Shep, 5140 m
9th Day	4:30 wake up	Trek to Kala Patthar, Everest View point 5550m 1.10 hr.	Back to hotel 40 min. & have breakfast, than trek to Pheriche, 5hr.	Stay overnight in Pheriche 4240m.
10th Day		Trek to Debocha 6-7 hr.		Stay overnight in Debocha 3820m
11th day	7:30, after Breakfast	Trek to Namche 6hr		Stay overnight in Namche Bajar (3440m)
12th day	7:30, after Breakfast	Trek to Lukla.		Stay overnight in Lukla 2840m
13th day	6:30, after Breakfast	Fly back to KTM,		

Important things to carry: Down jackets (wind and water proof), sunglasses and sun-screen cream, 3 to 4 pair of socks, T-shirt & sweater, trekking sticks, some chocolate bars & cookies, raincoat, etc.

Included In package:

1. Guide & porters
2. All Permits
3. Three meals a day
4. Transportation
5. Accommodation

Excluding from package:

1. Bar bill
2. Tips for Guide and porter
3. Donations 9where appropriate)
4. Trekking Equipment
5. Flight tickets and visas

PRICE

The price of this whole trek is:
$1050 if there is single person
$950 if there are more than five people
$850 if there are more than 10 people

Kathmandu hotel - single $20/night, double $30/night stander hotel.